

**Registration Form  
Rehabilitation Symposium 2019**

Name:

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Address:

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City: \_\_\_\_\_ Province: \_\_\_\_\_

Email:

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Phone (work):

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Phone (home/cell):

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Please make cheque payable to:  
Pan Am Rehabilitation Services

**Incomplete registrations will  
be returned**

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Reply to:

Pan Am Rehabilitation Services  
75 Poseidon Bay  
Winnipeg, MB R3M 3E4  
Attn: Mark Beatty OR Shannon  
Larkins



Registration fee is \$725 and includes nutrition breaks and a copy of lecture materials.

**Symposium is open to registered  
physiotherapists only.**

**Registration deadline:  
March 29, 2019**

Written withdrawal from the course before March 29, 2019, will be subject to a \$25.00 fee. After March 29, 2019, refunds will be provided only if the spot can be filled by another applicant.

**Please note:**

**Registration is limited  
to 36 participants**

**This will be the only Lumbar Spine  
Symposium—it will NOT be held  
again in the Fall of 2019**

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For further information please contact:

Mark Beatty OR Shannon Larkins

Phone: 204-927-2660  
mbeatty@panamclinic.com  
slarkins@panamclinic.com



**Year 5  
The Lumbar  
Spine**

**April 27 & 28, 2019  
8:00 — 4:00 pm**

**Pan Am Clinic  
Winnipeg, MB**

**presented by  
Pan Am Clinic Foundation  
&  
Pan Am Rehabilitation Services**

This two day course for physiotherapists is designed to enhance the clinician's understanding of lumbar spine anatomy, pathology, conservative treatment, surgical options and post-operative management. Learning opportunities will include a guided cadaver walk-through surgery, participation in a fresh frozen cadaver dissection lab, as well as a variety of lectures and practical sessions.

## Objectives

- Review and develop a thorough understanding of lumbar spine anatomy.
- Improve clinical reasoning skills related to the assessment and treatment of patients with low back pain.
- Rationalize exercise prescription and improve manual therapy skills for the lumbar spine.
- Improved understanding of the medical management of low back pain, including imaging and injections.

## Interactive Learning

- Fresh frozen cadaver dissection lab: Anatomy review
- Cadaveric lumbar spine surgery
- Multidisciplinary panel discussion

## Presentations

- Primary care assessment of low back pain, red flags and imaging
- Psychosocial aspects of chronic low back pain
- Classification of low back pain and its relation to physiotherapy management
- Core stability: a review of the evidence

## Practical Sessions

- Manual therapy techniques for the lumbar spine: assessment and treatment
- Core strength and movement correction: making connections

## Presenters

Dr. Michael Johnson, MD, FRCSC

Orthopaedics & Neurology/ Director of Spine Research U of M

Dr. Peter Nemeth, BSc, MD, CCFP(Sem) Dip Sport Med

Pan Am Clinic, Sports Medicine

Ed Zwingerman, Dip PT, BPT

Physiotherapist, Clinic Coordinator, D'Arcy Bain Physiotherapy

Shelley Sargent, BMR(PT)

Physiotherapist, Winnipeg Spine Clinic, Health Sciences Centre

Terry Woodard, BMR(PT), MCl.Sc., FCAMPT

Physiotherapist, D'Arcy Bain Physiotherapy; Instructor, Ortho. Div. of CPA

Darcy Reynolds, BMR(PT), MCl.Sc, FCAMPT

Physiotherapist, Creekside Physiotherapy; Instructor, Ortho. Div. of CPA

Janine Didyk, B.Sc., BMR(PT)

Physiotherapist, Pan Am Rehabilitation Services

Dan Ogborn, MSc(PT), PhD Medical Sciences

Physiotherapist, Pan Am Rehabilitation Services, Research Associate

Shannon Larkins, B.Sc.(PT), MClSc, FCAMPT

Senior Physiotherapist and Research Lead, Pan Am Rehabilitation Services

Mark Beatty, BMR(PT), MCl.Sc, FCAMPT

Senior Physiotherapist and Education Lead, Pan Am Rehabilitation Services