

Registration Fee: \$200

Registration Deadline:

January 5, 2019

**Course Registration includes
Nutrition Breaks**

Please bring a bag lunch. A microwave and fridge will be available for those who require. The HSC Cafeteria will also be open to offer lunch options.

**Course Notes will be made
available via DropBox**

Space is limited so register early!

For further information please contact:

Karen Malenchak

204-787-4679

kmalenchak@hsc.mb.ca

Course Objectives:

Upon completion of this course, the participants will be able to:

1. Perform a concise and thorough evaluation on a patient with low back pain
2. Correctly apply the Treatment-Based Classification Approach to patients with low back pain
3. Identify which patients will most likely benefit from manual therapy, spinal stabilization, directionally specific exercise, or traction treatment based on current literature
4. Confidently and competently perform manual therapy for the patient with low back pain
5. Identify and prescribe appropriate exercises to address common impairments
6. Discuss current evidence-based best practice patterns for the treatment of low back pain

About the Instructors

Darcy Reynolds works at Creekside Physiotherapy and has worked in private practice for over 20 years. He received his Advanced Diploma in Manual and Manipulative Physiotherapy in 2004 and his Masters of Clinical Science from UWO in 2010. He is an instructor and mentor with the Canadian Orthopaedic Division and has been involved in research with a focus on prognostic indicators for patients with cervical pain and dysfunction.

Terry Woodard works at D'Arcy Bain Physiotherapy and has over 25 years of experience in Orthopaedic Physiotherapy in both the private and public health sectors. He completed his Advanced Diploma in Manual and Manipulative Physiotherapy with Credit in 2004 and his Masters of Clinical Science from UWO in 2013. He is on faculty at the University of Manitoba, College of Rehabilitation Sciences, and at Western University in the MCISc program. He was the Regional Manager of Outpatient Physiotherapy for the Winnipeg Regional Health Authority. He is an instructor and mentor in the Canadian Orthopaedic Division.

Registration Form

Name: _____

Address: _____

City: _____

Postal Code: _____

Phone Number: _____

Employer/Facility: _____

E-mail: _____

Specific Dietary Requirements:

Please make cheque payable to:

HSC Physiotherapy

Please mail the completed registration form and cheque to:

Karen Malenchak
Health Sciences Centre
RR132 - 800 Sherbrook Street
Winnipeg, Manitoba
R3A 1M4

Course Schedule

Saturday January 12, 2019

8:00 – 4:30

Course Location

*Health Sciences Center
Physiotherapy Department
RR 140- 800 Sherbrook Street
Winnipeg, Manitoba*

**Please dress appropriately for
these practical, hands-on
courses**



**Health Sciences Centre
Winnipeg**

Treatment Based Classification for Low Back Pain

January 12, 2019

Presented by:

Darcy Reynolds

BMR-PT, MCISc, (manip),
FCAMPT

Terry Woodard

BMR-PT, B.Sc., MCISc, (manip),
FCAMPT