

# Biomechanical Approach to the Treatment of the Foot & Ankle

*Registration now open!!*

The course is designed to help the graduate physiotherapist better assess and treat patients who present with lower kinetic chain dysfunction related to the function of the foot and ankle. The philosophy of this course is to prepare participants to do this through critical analysis and problem solving. The content of the course will build upon a thorough review of normal anatomy and biomechanics and how these relate to pathomechanics. Participants will learn to perform a thorough biomechanical assessment of the foot and ankle as they function in the lower kinetic chain. From this experience, participants will be able to formulate biomechanically-based pathology specific therapy interventions. This will include footwear therapy, orthotic therapy, exercise therapy and patient education components and their roles in accepted clinical practice guidelines. These objectives will be attained through didactic sessions and complimented by extensive practical experiences. This course is occurring over 4 half-day Wednesday evening sessions to facilitate the busy schedules of physiotherapists. A light dinner will be provided at the beginning of each evening session so that participants can conveniently attend straight from their busy work day and learn while they eat.

Dates:

4 - Wednesday evenings March 6, 13, 20, and April 3, 2019 - 5:30 pm to 9:30 pm

PDF:

[2019 Winnipeg Foot & Ankle Course Information Sheet & Registration Form.pdf](#)

Contact Name:

Russ Horbal

Contact Email:

[rhoral@mymts.net](mailto:rhoral@mymts.net)

Contact Phone Number:

204-771-7397