



Manitoba Association  
Physiotherapy manitobaine de  
Association physiothérapie

## Physiotherapy in a Hospital Setting

In a hospital setting, physiotherapists provide both inpatient and outpatient services. The term inpatient refers to people who are admitted to hospital requiring overnight stay. The term outpatient refers to people who are attending an appointment only and not staying overnight in the hospital.

Physiotherapists work with both inpatients and outpatients with a variety of conditions, injuries and impairments. Some examples of conditions that physiotherapists can help include persistent pain, heart and lung disease, amputations, arthritic joints, burns, traumatic workplace injuries, athletic injuries, motor vehicle accident injuries, stroke, brain injury, spinal cord and nerve injury, cancer, pre and post surgical education and rehabilitation, pregnancy needs, and impaired urinary function. Physiotherapists are also leaders on the subject of disease prevention, including the prevention of illness related to obesity.

## Health Authorities in Manitoba

There are 5 Regional Health Authorities in Manitoba organized by geographic area. If you are unsure to which regional health authority you belong, please consult the following website <http://www.gov.mb.ca/health/rha/map.html>

### For the Winnipeg Regional Health Authority (WRHA):

**Adult Inpatient Physiotherapy Services** – If you are a patient in the hospital, your care team will determine your need for physiotherapy services. If necessary, the team will make a referral to the physiotherapist servicing your ward. It may not be possible to choose a preferred physiotherapist.

**Adult Outpatient Physiotherapy Services** – To access publicly funded outpatient physiotherapy services for adults, a physician referral is preferred. All referrals are compiled on a central wait list and prioritized according to condition. It may not be possible to choose a preferred physiotherapist. The referral form can be found at [http://www.wrha.mb.ca/professionals/familyphysicians/files/Referral\\_Physio.pdf](http://www.wrha.mb.ca/professionals/familyphysicians/files/Referral_Physio.pdf). The completed form can be faxed to (204) 787-1034. You may also call (204) 787-1160 to make an inquiry.



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**Pediatric Inpatient Physiotherapy Services** – If your child is a patient in the hospital, the care team will determine his or her need for physiotherapy services. If necessary, the team will make a referral to the physiotherapist servicing his or her ward. It may not be possible to choose a preferred physiotherapist.

**Pediatric Outpatient Physiotherapy Services** – To access publicly funded outpatient physiotherapy services for children 15 years of age and under, please contact the Specialized Services for Children and Youth (SSCY) central intake at (204) 258-6550 to determine whether your child is eligible. It may not be possible to choose a preferred therapist.

### **For all other health regions in Manitoba:**

**Adult Inpatient Physiotherapy Services** – If you are a patient in the hospital, your care team will determine your need for physiotherapy services. If necessary, the team will make a referral to the physiotherapist servicing your ward. It may not be possible to choose a preferred physiotherapist.

**Adult Outpatient Physiotherapy Services** – Please consult with your healthcare provider regarding a referral for outpatient physiotherapy services.

**Pediatric Inpatient Physiotherapy Services** – If your child is a patient in the hospital, the care team will determine his or her need for physiotherapy services. If necessary, the team will make a referral to the physiotherapist servicing his or her ward.

**Pediatric Outpatient Physiotherapy Services** – Please consult with your healthcare provider regarding a referral for outpatient physiotherapy services.

### **More information may be available at each of the health regions' websites:**

- Winnipeg Regional Health Authority – <http://www.wrha.mb.ca/index.php>
- Southern Health – Santé Sud - <http://www.southernhealth.ca/service.php?id=75>
- Northern Health Region – <http://www.northernhealthregion.ca/>
- Prairie Mountain Health – <http://www.prairiemountainhealth.ca/>
- Interlake-Eastern Regional health authority – <http://www.ierha.ca/>